



Joy to the World

FAMILY ADVENT CALENDAR | EGC KIDS

How it Works:

This calendar is based on a 24 day advent period, beginning on December 1 and ending on Christmas Eve. Pages can be printed (front and back), cut out and laminated if desired, and either used on their own, or with a corresponding count down system, such as:

- *Small drawstring bags, numbered and hung to count down to Christmas – optional: these can contain a small treat for each child or an ornament to hang on the tree, etc.*
- *Wrapped in small boxes and placed under the tree to open one at a time*
- *With a paper chain countdown*
- *With an existing Advent Calendar*

Supplies Needed:

A Bible and/or children's Bible and a phone or device with internet access to play Christmas songs or watch suggested videos, optional: a nativity set

Each day has optional corresponding activities on the backs of the cards – if you want to use these, additional supplies for specific dates are listed below :

Supplies for Optional Activities:

Day 4: *Ribbon, beads, colorful cardstock, printer and glue/tape (option 1) Play doh or clay and Christmas cookie cutters (option 2)*

Day 5: *A map or atlas, or a study bible with maps*

Day 6: *Crayons or markers and paper*

Day 7: *Blankets & pillows (option 1) or family baby pictures (option 2)*

Day 9: *Two small wrapped presents. See back of card for details*

Day 12: *A baby name book or device with internet access to look up name meanings*

Day 16: *Pipe cleaners, red and white beads that will fit (or brown beads). Ribbon (optional)*

Day 17: *Cardstock (any color), and anything glitzy to decorate crowns: markers, glitter, glue, gems/stickers, etc.*

Day 19: *Flashlights or glowsticks (option 2)*

Day 24: *A special treat that your whole family enjoys*

DAY 1

In the beginning, God created the heavens and the earth. - **Genesis 1:1**

He spoke and created the light, the water, the land and the sky. He made trees and plants, fish, and all kinds of animals. He made the sun and the moon and the stars; and then he made Adam and Eve - the very first people! Adam and Eve were made in God's image and he blessed them. God saw all that he had made and it was very good. On the seventh day, God rested.

DAY 2

God gave Adam and Eve one rule, not to eat the fruit from one tree in the garden. But they disobeyed God, and ate it anyway. Choosing to disobey God is called sinning. The Bible says :

For all have sinned and fall short of the glory of God. **Romans 3:23**

Just like Adam and Eve, none of us do the right thing all the time. And this separates us from God, because God is perfect and holy. But, God still loves us. In fact, he had promised his people that some day, One would come and change everything. Someone who would bring light into our darkness, and who would save His people from their sin.

DAY 3

God's people, the Israelites, waited a long time for the Messiah God had promised to arrive. Hundreds of years after Adam and Eve were created, God told the prophet Isaiah that:

The Lord himself will give you a sign, the virgin will be with child and will give birth to a son, and will call him Immanuel. **Isaiah 7:14**

Emmanuel. God WITH us. The promised One. But still His people waited for many years.

DAY 4

One day, in a town called Nazareth, God sent an angel to a woman named Mary. The angel said to her:

*“Do not be afraid, Mary, you have found favor with God. You will be with child and give birth to a son, and you are to give Him the name Jesus. He will be great and will be called the Son of the Most High.” **Luke 1:20-32a***

The gift that God's people had waited for was coming!

OPTIONAL ACTIVITY:

Read it: Read Genesis 3 together as a family (or read the story in your favorite Children's Bible)

Talk about it:

- What was the one rule God gave to Adam and Eve in the Garden?
- Who did Adam and Eve decide to listen to instead of God?
- Why did Adam and Eve hide from God after eating the fruit?
- Have you ever felt guilty or ashamed of something you did?
- Who do you think was coming?

OPTIONAL ACTIVITIES:

Make an Angel craft:

OPTION 1: <https://www.thecrafttrain.com/mini-paper-angels/>

Supplies needed: ribbon, beads, colorful cardstock, printer, and glue/tape

OPTION 2: Get out some play-doh and Christmas themed cookie cutters, or make and frost angel shaped cut-out cookies as a family!

OPTIONAL ACTIVITY:

Created in God's Image: Go around in a circle and have everyone in your family share something about the others that makes them unique. Helpful hint: this can be anything from "I love your curly hair" to "you are kind and generous." Talk about how we are all made in God's image, and our unique attributes display a different aspect of who God is.

ADDITIONAL READING:

Genesis 1 & 2

Psalms 139:13-14

Isaiah 43:7, 20-21

OPTIONAL ACTIVITIES:

Talk about it:

- Have you ever waited a long time for something? What was it?
- How did you feel while you were waiting?

Share Hope:

Sometimes, when we're waiting for something, we can get discouraged or frustrated. Can you think of anyone you know that might feel that way? Create a plan, as a family, to help encourage them and give them hope. Ideas: bring a meal to someone who is sick, visit someone in a nursing home, send a card to someone going through a hard time.

DAY 5

In those days, Caesar Augustus issued a decree that a census should be taken of the entire Roman world. **Luke 2:1** *Joseph and Mary, who was going to have a baby, had to travel from their home in Nazareth to a place called Bethlehem, because the person who was in charge decided that he wanted to count all of the people. But, this wasn't a surprise to God! In fact, he had told a prophet many years before that his Son was to be born in the town of Bethlehem.*

But you, Bethlehem, though you are small, out of you will come one who will be ruler over Israel.

Micah 5:2

The ruler who wanted to count his people had NO idea that God wanted his Son to be born there. But God knew. And so Mary and Joseph traveled to Bethlehem.

DAY 6

O little town of Bethlehem
How still we see thee lie
Above thy deep and dreamless sleep
The silent stars go by
Yet in thy dark streets shineth
The everlasting Light
The hopes and fears of all the years
Are met in thee tonight

How silently, how silently
The wondrous gift is given!
So God imparts to human hearts
The blessings of His heaven.
No ear may hear His coming,
But in this world of sin,
Where meek souls will receive him still,
The dear Christ enters in.

O Little Town of Bethlehem,; Phillips Brooks, 1867

DAY 7

While Mary and Joseph were in Bethlehem, the time came for Mary to have her baby. But there was nowhere for them to stay. They didn't have a hotel or a house to live in while they were there.

Mary gave birth to a son. She wrapped him in cloths and placed him in a manger.

Luke 2:7a

A manger was like a wooden dish for the animals' food. She didn't have a nice crib for him, or any of the things you'd expect she would have. They stayed in a stable – a place like a barn where people kept their animals. And that is where Jesus was born.

DAY 8

Silent night, Holy night
All is calm, all is bright
Round yon virgin, mother and child
Holy infant, tender and mild
Sleep in heavenly peace, Sleep in heavenly peace.

Silent night, Holy night
Son of God, love's pure light
Radiant beams from thy holy face
With the dawn of redeeming grace,
Jesus, Lord at thy birth, Jesus, Lord at thy birth.

Silent night, Holy night
Shepherds quake, at the sight
Glories stream from heaven above
Heavenly hosts sing Hallelujah.
Christ the Savior is born, Christ the Savior is born.

Silent Night: Joseph Mohr / John Young

INSTRUCTIONS:

Read, listen to, or sing the words to the song:
"O Little Town of Bethlehem."

Optional: Before starting the song, get out some crayons/markers and coloring sheets or paper and have everyone draw something from the story that you've talked about so far :

Creation

Adam and Eve

Waiting for the Promise

The angel appears to Mary

Mary and Joseph travel to Bethlehem

INSTRUCTIONS:

Read, listen to, or sing the words to the song:
"Silent Night."

Optional:

- Turn off all the lights and light a candle or turn on only your Christmas tree lights while you sing or listen to the song.
- Have a **Silent Contest**: see who can remain the quietest for longest. (to make this more challenging, one person in the family can be tasked with trying to make the rest laugh!)

OPTIONAL ACTIVITY:

Map it out! Get out a globe, map or atlas. Find where you live – and point out other important locations. I.e: Relative's houses, places you've traveled to or used to live, or locations talked about in the Bible. (Optional, can also use Biblical maps in the back of a study Bible).

Most scholars believe that Mary and Joseph would have traveled between 75 and 90 miles to get from Nazareth to Jerusalem (a journey that would have taken them many days to complete).

Find two locations about that far apart – talk about how long it would take us to travel today (in cars or airplanes) and what it must have been like to do the journey on foot, or riding a donkey!

OPTIONAL ACTIVITIES:

Option 1: Before reading today's card, make a blanket fort full of soft blankets and pillows to sit inside of, or find the coziest space in your house (a soft bed or den with a fireplace).

Option 2: Pull out some baby pictures from when each of your children were born. Talk about what it was like: who was there, what they looked like.

THEN: contrast the setting or the photos with what it must have been like for Mary and Joseph that night.

Watch:

<https://thebibleproject.com/videos/gospel-luke-1/>

DAY 9

This is how God showed his love among us: He sent his one and only Son into the world that we might live through Him. This is love, not that we loved God, but that he loved us and sent His son as an atoning sacrifice for our sins.

1 John 4: 9 -10

Jesus' entrance to the world changed everything. He WAS the promise. Some people expected a different gift. They expected a valiant king who would take over by force. Someone tall and brave and exciting. Someone who would make everything right. They didn't expect a baby born in a stable. But sometimes the best gifts come in the strangest looking packages.

DAY 10

Jesus loves me! This I know,
For the Bible tells me so;
Little ones to Him belong;
They are weak, but He is strong.
Yes, Jesus loves me!
Yes, Jesus loves me!
Yes, Jesus loves me!
The Bible tells me so.

Fill in with child's name(s):

Jesus loves you, _____.

Discussion prompt: What are ways that Jesus shows us that he loves us?

DAY 11

Use this day to set up the nativity, except for the shepherds and the wise men (*they will be added later*) If you don't have a nativity scene to set up, you can make one out of popsicle sticks or gingerbread or draw / color in a nativity scene.

Talk about who everyone is, what animals are there, and what a manger is.

DAY 12

For to us a child is born, to us a son is given,
and the government will be on his shoulders.
And he will be called Wonderful Counselor,
Mighty God, Everlasting Father, Prince of
Peace. **Isaiah 9:6**

Jesus, even though he was born as a baby, was still God's Son. Jesus is described in many ways, and has many names. He is our savior, because he saved us from our sins. He is called Messiah because he is the one that God promised many, many years ago. He was fully God and fully man. He is Mighty, Wonderful, Everlasting, and he wants to be our friend. To walk through life with us, and to make a way for us to be with Him forever and ever.

OPTIONAL ACTIVITY:

One of the BEST ways we can help other people understand how much Jesus loves them is by loving them too! Think of some practical ways your family can show someone else Jesus' love.

Ideas:

Make and drop off some Christmas cookies, a gift, or purchase something they really need (you can even do this in secret by dropping it off on their porch while they are gone!)

Send a card, a picture, or a gift card in the mail.

Call someone and tell them you love them!

Do someone's chores or help them clean their room.

Volunteer to serve at a soup kitchen or donate clothing / toys to a charity.

OPTIONAL ACTIVITY:

What does YOUR name mean?

Look up the names of the people in your family. What do they mean? Who else from history had that name? Where did the name originate?

Optional: If you chose your child's name based on its meaning, talk with them about its significance (perhaps they are named for someone or there is a story behind part of their name).

OPTIONAL ACTIVITY:

Unexpected Packages: *Before reading your advent card today, wrap two gifts. One should be an empty box, beautifully wrapped in Christmas themed paper, with a shiny bow on top. The other should contain a small gift (a piece of candy or shiny coin for each child, etc), but be wrapped less than impressively. (Ideas: use old newspaper, duct tape, a plastic grocery bag, an egg carton or cereal box, a tin can from your recycling bin, etc). Tell your child (ren) that you have a gift for them, and give them the opportunity to choose which one to open. After they pick one, read the advent card and talk about how God's plan looked different from what many expected! **Note:** If they chose the beautifully wrapped package at the beginning, let them now open the other box to find the treasure(s) inside.*

OPTIONAL ACTIVITIES:

Nativity Play:

- *Option 1: If your nativity isn't fragile, allow your children to act out the Christmas story with the characters. OR – use some pillowcases and bathrobes, a baby doll and some stuffed animals and do your own live nativity scene!*
- *Option 2: Nativity Charades. Have one person at a time take act out a character from the nativity story (can't use words!) while the rest of the family guesses who they are! (**note:** this can get fun if you include animals or objects – a donkey, camels, the star, the manger, etc).*

DAY 13

O holy night!
The stars are brightly shining
It is the night of the dear Savior's birth!
Long lay the world in sin and error pining
Till he appear'd and the soul felt its worth.
A thrill of hope the weary soul rejoices
For yonder breaks a new and glorious morn!

Fall on your knees
Oh hear the angel voices
Oh night divine
Oh night when Christ was born
Oh night divine
Oh night divine

O Holy Night: Placide Clappeau / John S. Deight

DAY 14

*On the night that Jesus was born, there were shepherds living out in the fields nearby, keeping watch over their flocks at night. An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. But the angel said to them, "Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger." Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, "Glory to God in the highest heaven, and on earth peace to those on whom his favor rests." **Luke 2: 8-14***

DAY 15

The First Noel, the Angels did say
Was to certain poor shepherds in fields as they lay
In fields where they lay keeping their sheep
On a cold winter's night that was so deep.
Noel, Noel, Noel, Noel, Born is the King of Israel!

They looked up and saw a star
Shining in the East beyond them far
And to the earth it gave great light
And so it continued both day and night.
Noel, Noel, Noel, Noel, Born is the King of Israel!

Then let us all with one accord
Sing praises to our heavenly Lord
That hath made Heaven and earth of naught
And with his blood mankind has bought.
Noel, Noel, Noel, Noel, Born is the King of Israel!

DAY 16

When the angels had left [*the shepherds*] and gone into heaven, the shepherds said to one another, "Let's go to Bethlehem and see this thing that has happened, which the Lord has told us about." So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger. When they had seen him, they spread the word concerning what had been told them about this child, and all who heard it were amazed at what the shepherds said to them. But Mary treasured up all these things and pondered them in her heart. The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told.

Luke 2:15-20

**Use this day to place the shepherds in the Nativity scene*

ADDITIONAL READING:

God's Glory: Isaiah 60:1-3

Talk about it:

- *Why do you think the Angels told a group of shepherds about Jesus' birth? (Note: talk about how Jesus came for everyone!)*
- *What do you think it would have been like to be a shepherd that night and be one of the first to hear about the birth of Jesus from "A multitude of Heavenly Hosts?"*

OPTIONAL ACTIVITIES:

Make a Shepherd's Staff / Candy Cane craft:

Supplies needed: pipe cleaner, red and white beads (or brown beads). Ribbon (optional)

- Put the red and white beads in alternating order onto a pipe cleaner. Adults: wrap the pipe cleaner around and back through the beads on the very end so they don't fall off.
- Bend the pipe cleaner into the shape of a candy cane (or, if using brown, a shepherd's staff), and hang on your Christmas tree or gift to a friend/neighbor! (optional: tie a bow or loop with Christmas-y ribbon!)

Take some time to sing, read, or listen to the song: "O Holy Night."

OPTIONAL ACTIVITY:

- **Option 1: The Stars are Brightly Shining:** *If it's a clear night, bundle up (maybe bring some hot cocoa!) and go outside to look at the stars. Look for constellations or planets (there are apps for your phone that can help with that!)*
- **Option 2: Christmas Light Drive:** *Pack some popcorn or your favorite snack and drive around your neighborhood (maybe bring some friends along!) and look at the Christmas light displays. Play (and sing along to!) your favorite Christmas music while you drive. Tip: Some neighborhoods advertise if they'll have an exceptional display, if you look it up before you leave you can find some pretty elaborate ones!*

Take some time to sing, read, or listen to the song: "The First Noel."

ADDITIONAL INFORMATION:

- *Christmas is celebrated in many different ways – take some time as a family to talk about traditions your family shares or how others celebrate.*
- ***Noel**, as used in the carol can be translated "Christmas," but the word likely comes from the Latin word: "natalis," or birth. So it points not only to the holiday we celebrate with tinsel and presents, but to the birth of Jesus!*
- *There are many ways to celebrate Christmas, but this season: don't lose sight of the miraculous, awe-inspiring, mysterious events surrounding Jesus' birth, and what it means for us – and for the world.*

DAY 17

O Come All Ye Faithful
Joyful and triumphant,
O come ye, O come ye to Bethlehem.
Come and behold Him,
Born the King of Angels;
O come, let us adore Him, O come, let us adore
Him,
O come, let us adore Him, Christ the Lord.

Yea, Lord, we greet Thee,
Born this happy morning;
Jesus, to Thee be the glory giv'n;
Word of the Father,
Now in the flesh appearing,
O come, let us adore Him, O come, let us adore
Him, O come, let us adore Him, Christ the Lord.

O Come All Ye Faithful: John Francis Wade / Frederick Oakley

DAY 18

When Mary and Joseph brought baby Jesus to Jerusalem to present him to God as their firstborn son, there was a man there named Simeon. Simeon had been praying to God, eagerly waiting for the Messiah, God's promised gift, to finally arrive. When Simeon saw Jesus he praised God and said:

Sovereign Lord, as you have promised, you may now dismiss your servant in peace. For my eyes have seen your salvation, which you have prepared in the sight of all nations: a light for revelation to the Gentiles, and the glory of your people Israel. **Luke 2:29-32**

DAY 19

After Jesus was born, Magi (or wise men) traveled to Jerusalem to find him. They asked the ruler there:

Where is the one who has been born king of the Jews? We saw his star when it rose and have come to worship him. **Matthew 2:2**

King Herod was very upset by this. HE was king. He didn't want there to be another king. And definitely not a king who was also God! He asked the priests and teachers, and they told him that the Messiah was to be born in Bethlehem. He told this to the wise men and sent them to find him – asking them to come back and tell him where Jesus was. But the wise men knew this was a trick. They knew that Herod was angry that Jesus had come to save his people, and that he wanted to hurt Jesus. They knew they shouldn't tell him where Jesus was. And so the wise men followed the bright star in the sky to Bethlehem, to find Jesus on their own.

DAY 20

[The wise men] went on their way, and the star they had seen when it rose went ahead of them until it stopped over the place where the child was. When they saw the star, they were overjoyed. On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh.

Matthew 2:9-11

The wise men knew that Jesus was God's son. This was the gift God had promised to the world. Jesus was the One who would save us from our sins. And so the wise men gave him the most important, most expensive things that they had.

OPTIONAL ACTIVITY:

- **Expectant Hope:** Watch the first video of the Advent Series on The Bible Project: **Hope**. Link: https://www.youtube.com/watch?time_continue=247&v=4WYyNBjJSYvE&feature=emb_title

ADDITIONAL READING:

Light of the World:

John 1:1-5; 8:12

Isaiah 9:2

TALK ABOUT IT:

- **Gifts of great value:** *The magi brought special gifts to give to Jesus. If you lived then, and wanted to give Jesus something special as a gift that day, what would YOU have brought him?*

What kinds of things can WE give to Jesus?

- When we give to the poor we give to God: *Proverbs 19:17*
- When we serve others, we're serving God too: *Matthew 25:40*
- Our obedience: *1 Samuel 15:22*
- Our lives: *Romans 12*
- Our hearts : *Luke 10:27*

Take some time to sing, read, or listen to the song: "O Come All Ye Faithful."

OPTIONAL ACTIVITY:

- **Listen** to the Hallelujah chorus from Handel's Messiah.
- **Make paper crowns:** Using thick cardstock, trace the basic outline of a crown (or print one from the internet). Provide stickers, gems, glitter, or markers for your children to decorate their own crowns and then tape to fit around their head.

ADDITIONAL READING:

Isaiah 9:6-7

OPTIONAL ACTIVITIES:

The Wise Men Seek Jesus

- **Hide and Seek:** *Play a game of Hide and Seek with your family! Alternately: you can hide a special object for your children to find – giving clues such as "hotter" when they get close to the object or "colder" when they are getting farther away. Give everyone a chance to either hide and seek, or be the one hiding/finding the hidden object(s).*
- **For a Fun Twist:** *If you have older children, or want more of a challenge, play these in the dark (flashlights or glow sticks can be used if you have them!)*

DAY 21

Because we all sin, (choose to go our own way or disobey God) we deserved to be separated from God. But God chose to show us mercy because of his great LOVE for us. For you and for me. The Bible says that the wages of sin is death. But God's gift to us is eternal life, through Jesus.

For it is by grace you have been saved.

Ephesians 2:7

Amazing grace! How sweet the sound
That saved a wretch like me!
I once was lost, but now am found;
Was blind, but now I see.

Amazing Grace: John Newton, 1779

DAY 22

For God so loved the world, that he gave his one and only Son, that whoever believes in Him, shall not perish but have eternal life. **John 3:16**

God's gift to us is eternal life – through Jesus. Because Jesus came and he died to pay the price for our sins, we can live forever with God. But just like a gift on your birthday doesn't do you any good if you leave it sitting on a table - all pretty and wrapped up with paper and a bow - we have to accept the gift that God gave us. By confessing our sins and giving our lives to Jesus, we take hold of that gift for ourselves.

To all who received Jesus, to those who believed in his name, he gave the right to become children of God. **John 1:12**

DAY 23

The Word [*Jesus*] became flesh and made His dwelling among us. We have seen His glory. The Glory of the One and only Son, who came from the Father, full of grace and truth. **John 1:14**

*Jesus chose to come to earth as a baby. To be born and to live and to teach his people – and ultimately, to die. For us. He was the promised messiah that God's people had waited for. And that is why we celebrate at Christmas. Jesus came to live WITH us. To teach us. To show us the way to God. To bring God's glory to earth. And when we believe in Him, when we accept the free gift of his love, when we give our lives to Him, will live forever with God. **That is the story of Christmas. That Jesus came to earth. For you and me.***

DAY 24

Review the story:

Who created the world? _____

What does sin mean? _____

What is the punishment for our sin? _____

Who's birth do we celebrate on Christmas? _____

Who did the angels tell about Jesus' birth? _____

Who's sin did Jesus pay the price for? _____

What happens if we believe in Jesus and give our lives to him? _____

TO ALL WHO RECEIVE:

- **Talk about it:** *Not everyone celebrates Christmas the same way that we do. If your children are old enough, talk about other beliefs that people hold (friends or extended family). Read and talk about **John 14:6**. and why "being a good person" isn't enough.*
- **Parents:** *Read John 3:16 & 17 together as a family. Take some time to talk about what it means to give your life to Jesus (to repent – or turn away – from our sins, to believe that Jesus is God, to give him our lives and decide to live for Him).*
- *If your children are ready, take this opportunity to pray with them to give their lives to Jesus. Or to pray for their friends / family who don't believe - that they would give their lives to Jesus!*

OPTIONAL ACTIVITIES:

- **Enjoy a special treat:** *Have everyone grab a Christmas cookie or make hot cocoa or popcorn or something your family loves and:*
- **Re-read Luke 2:1-20** *(Or read the Christmas story in your favorite children's Bible).*
- **Talk about it:** *If you did the additional activities with your advent calendar – which one was everyone's favorite?*

Have your family help pack up the advent calendar (putting the cards away in numeric order to use again next Christmas!).

OPTIONAL ACTIVITY:

ALL have sinned: *John 5:16 urges us to confess our sins to one another and pray for each other.*

Parents: you lead out in this. Talk about something from your day that you need forgiveness for: a bad attitude, a poor decision (be honest, but make it relatable and age-appropriate for your children). Ask if anyone else has something they'd like to confess. Look up the verses below and talk what sin is and why it separates us from God. Close with a time of prayer: confessing your sins to God and praying over each other..

ADDITIONAL READING:

Romans 3:21-26

Isaiah 1:18

Hebrews 4:14-16

THANK YOU, JESUS:

- **Take some time as a family to pray and thank Jesus together** *Or, have each child write Him a letter: "Thank you Jesus for. . "*

Book of Common Prayer: Prayer of Thanksgiving:

Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages.

Amen.